

GRAVITY PROGRAMS FOR MAY 2012

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	6:00-6:30AM OR 7:15-7:45AM GRAVITY GROUP DAVID	6:00-6:30AM GRAVITY GROUP BRANDI	6:00-6:30AM GRAVITY GROUP BRANDI	6:00-6:45AM GRAVITY STRENGTH JENNY	6:00-7:00AM WEIGHT LOSS BOOTCAMP JENNY		
	9:25-10:25AM OR 12:00-1:00PM FULL BODY BLASTER BRANDI	6:35-7:35AM GRAVITY PILATES/YOGA FUSION BRANDI	10:30-11:30AM GRAVITY 101 PAUL	9:30-10:00AM HIT IT HARD KELLIE	7:00-8:00AM FULL-BODY BLASTER BRANDI	9:15-9:45AM GRAVITY GROUP JULIE	
	10:45-11:45AM HOUR OF POWER KRISSI	8:00-8:45AM GRAVITY STRENGTH JENNY			9:30-10:00AM GRAVITY GROUP BRUCE	10:00-11:00AM HOUR OF POWER KRISSI	I
	5:00-5:45PM GRAVITY INTERVAL ALLEN	10:30-11:00AM COMING AND GOING KELLIE	4:00-4:30PM GET IT DONE KELLIE	5:15-5:45PM GRAVITY BASICS KELLIE			
	6:00-6:30PM GRAVITY GROUP MICHELLE	6:00-6:30PM GRAVITY GROUP PAUL	6:00-6:30PM GRAVITY GROUP MICHELLE	6:00-6:30PM GRAVITY GROUP MICHELLE			
COSTS	GRAVITY GROUP \$15 PER CLASS OR 10 \$120	GRAVITY PILATES/YOGA FUSION OR GRAVITY PILATES \$30 PER CLASS	GRAVITY BASICS 4-WEEKS \$60 OR \$15 PER CLASS GRAVITY 101 \$100 FOR SERIES	FULL-BODY BLASTERS OR GRAVITY INTERVAL \$80 4-WEEKS	COMING AND GOING OR GET IT DONE OR HIT IT HARD \$60 FOR 4-WEEKS	WEIGHT LOSS BOOTCAMP \$125 5-SERIES	GRAVITY STRENGTH \$100 FOR 5-WEEK SERIES



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